

TLID1001 - Shift materials safely using manual handling methods

Pre-requisites:

Basic Language, Literacy and Numeracy Skills (LLN)

Minimum age: 16 years

What to bring:

Workwear including enclosed shoes, pants,
minimum short sleeve shirt - PPE provided

Unique Student Identifier (USI) – usi.gov.au

Course Duration:

6 hours

Delivery method:

This course is delivered face-to-face at the Gladstone Training Services training centre, 1 Manning St South Gladstone QLD in both classroom and simulated workplace areas.

Who is this Course for?

This course is designed for anyone with a need to physically move items around within their work environment.

Course outline

This unit involves the skills and knowledge required to shift loads safely using manual handling methods. Work must be carried out in compliance with the relevant work health and safety (WHS)/occupational health and safety (OHS) regulations concerning the manual handling and movement of loads.

It includes assessing the risks associated with relocating the load, planning the relocation process and carrying out the relocation in accordance with the plan.

Work is performed under some supervision generally within a team environment.

Course Outcomes

Successful completion of training and assessment will result in a Statement of Attainment from Gladstone Training Services (RTO #_____).

Course availability :

Courses are available weekly both on evenings and during regular work hours.

[Please visit connect here for a list of the current course schedule and to book into a course.](#)



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